



Healthcare Solutions for the Hospitality Industry

Medical Plan Options:

HIHIT Medical plan options remain unchanged for 2022 and we continue to offer 17 medical plan options. This gives us a total of 7 PPO options, 6 HMO options, and 4 Virtual Plus options available for groups with 2 or more eligible employees.

1. **Diamond** - \$500 deductible PPO with only a co-pay for office visit.
2. **Emerald** - \$1000 deductible PPO with first 4 office visits and first \$500 lab & X-ray.
3. **Sapphire** - \$1500 deductible PPO with first 4 office visits and first \$500 lab & x-ray.
4. **Quartz** - \$2500 deductible PPO with first 4 office visits and first \$500 lab & x-ray.
5. **Pearl** - \$2500 deductible HMO.
6. **Jade** - \$2500 deductible HMO with first 4 office visits and first \$500 lab & x-ray.
7. **HSA** - \$2500 deductible with first 4 office visits and first \$500 lab & x-ray
8. **Ruby** - \$3000 deductible PPO with only a co-pay for all office visits.
9. **Ruby (no spouse)** - \$3000 deductible PPO same as above.
10. **Opal** - \$5000 deductible PPO.
11. **Onyx** - \$5000 deductible HMO with first 4 office visits and first \$500 lab & x-ray
12. **Topaz** - \$5000 deductible HMO.
13. **Zircon** - \$5000 deductible HMO – Best value - better benefits and lower rates**

- All medical plans except Diamond, Emerald, and Virtual plans include Teladoc for the entire family when employee only coverage is elected. This benefit can be added to all plans or sold on a stand-alone basis or to enhance any high deductible medical plan being offered outside of HIHIT.

Dental Plan Options (Now offering Ameritas Dental for 2022):

1. Ameritas Dental - \$1000 PPO (Child Ortho rider available).
2. Ameritas Dental - \$1000 PPO with increasing annual maximum (\$100 annually).
3. Ameritas Dental - \$1500 PPO (Child Ortho rider available).
4. Ameritas Dental - \$1500 PPO with increasing class II benefits (80-100%).
5. Ameritas Dental - \$2000 PPO (Child Ortho rider available).
6. Ameritas Dental - \$2000 PPO with increasing annual maximum (\$250 annually).
7. Ameritas Dental - \$2500 PPO (Child Ortho rider available)
8. Willamette Dental HIHIT option. * Rate pass for 2021

* All Ameritas Dental plans are available as contributory or voluntary for one great price *
****Check out the new Zircon \$5000 deductible plan with better benefits and a lower rate****

Highlights and Requirements

- * Minimum Contribution = 50%
- * Minimum Participation = 50%
- * **Minimum group size = 2 enrolled employees or 50% participation**
- * Carve-outs allowed for up to 3 classes of employees
- * **Dual or triple plan options available with 3 enrolled employees on each plan**
- * SIMON benefit administration system for eligibility and billing
- * Free COBRA administration for all group sizes
- * Owners are covered for on the job injuries through HIHIT medical plans

H.I.H.I.T. Requires membership in the Washington Hospitality Association

2022 • BENEFITS



Hospitality

HIHIT plans are available only to members of the Washington Hospitality Association who have an eating place, drinking place, or lodging place as part of their business.

Vision Plan Options:

We offer 10 Ameritas vision options including VSP & Eyemed plans with employer paid and voluntary coverages available.

*** Virtual Plus plans for 2022***

Our Virtual Plus plans give you the convenience of Virtual healthcare visits with no charge and just a co-pay when referred for in-person visits.

14. VP1000 - \$1000 Deductible HMO
15. VP2000 - \$2000 Deductible HMO
16. VP3000 - \$3000 Deductible HMO
17. VP5000 - \$5000 Deductible HMO

These plans use the Kaiser Connect network and are available for members in King, Kitsap, Pierce, Snohomish, Spokane, and Thurston Counties.

Other benefits & services:

1. ComPsych EAP @ \$1.80 per employee per month.
2. Teladoc telemedicine @ \$2.33 per employee per month.
3. \$10k Basic Life & AD&D @ \$1.41 per employee per month.
4. Voluntary Life Insurance
5. Accident Insurance

Our Teladoc and EAP plans cover the entire family for the employee only price

We can design a custom benefit package to meet your needs and budget.



To find out more, contact H.I.H.I.T. @
877-892-9203 or by email:
hihit@hihittrust.com

Hospitality Industry Health Insurance Trust

2022 Dental Plans

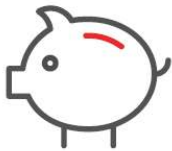
H.I.H.I.T. Plan	Plan I	Plan II	Plan III	Plan IV	Plan V	Plan VI	Plan VII	Ortho
Annual Deductible (Waived on Type 1)	\$50 \$150 Family Max	\$50 \$150 Family Max	\$50 \$150 Family Max	\$50 \$150 Family Max	\$50 \$150 Family Max	\$50 \$150 Family Max	\$50 \$150 Family Max	Orthodontia may be added to any plan option. Orthodontia coverage is for children only.
Annual Maximum	\$1,000	\$1,500	\$2,000	\$1,500	\$1,000 - \$2,000	\$2,000 - \$3,200	\$2,500	
Dental Rewards	None	None	None	None	Included	Included	None	
Type 1								Ortho Plan I
Cleanings	100%	100%	100%	100%	100%	100%	100%	50% of \$1,000 Lifetime Maximum. Add \$5.77 to EE + Child(ren) and \$7.07 to EE + Family rates.
Exams								
Sealants								
Fluoride								
X-Rays								
Type 2								Ortho Plan II
Fillings	80%*	90% In- Network 80% Out of Network	90% In- Network 80% Out of Network	80-100% In- Network 80% Out of Network	80%	80%	80%	50% of \$1,500 Lifetime Maximum. Add \$8.07 to EE + Child(ren) and \$9.90 to EE + Family rates.
Endodontics*								
Periodontics*								
Oral Surgery*								
Type 3								Ortho Plan III
Crowns	50%	50%	50%	50%	50%	50%	50%	50% of \$2,000 Lifetime Maximum. Add \$10.28 to EE + Child(ren) and \$12.37 to EE + Family rates.
Implants								
Bridges								
Dentures								
Rates – Guaranteed 1/1/2022 – 12/31/2023								
Employee Only	\$36.89	\$47.43	\$53.72	\$46.17	\$39.24	\$52.95	\$58.64	**All Ortho Plans have a 12 month waiting period for new enrollees.
EE + Spouse	\$73.79	\$94.89	\$107.43	\$101.47	\$78.46	\$105.92	\$117.26	
EE + Child(ren)	\$78.41	\$98.17	\$110.08	\$104.98	\$83.38	\$108.53	\$114.71	
EE + Family	\$124.70	\$157.08	\$176.57	\$167.97	\$132.60	\$174.08	\$186.51	

*For Plan 1 - Endodontics, Periodontics and Oral Surgery are covered under Type 3.

Using your benefits is easy

Visit any dental provider

You are free to visit any provider, including your current dentist, regardless if they are in- or out-of-network. Plus, your family members do not have to see the same dentist.



Save with a network provider

The Ameritas Dental Network is one of the nation's largest. Network providers have agreed to charge 25-50% less than their regular rates which can lower your out-of-pocket costs. See if your dentist is in the network. Visit ameritas.com – Find a Provider, and check the plan highlight in this booklet for your dental network name.

Quickly access your information

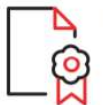
With your secure online member account, you can check plan benefits and claim status, sign up for electronic benefit statements, access discount ID cards, and much more. Just go to ameritas.com and select Account Access, Dental/Vision/Hearing, Secure Member Account and Register Now to get started after your benefit coverage begins.

Make Your Dental Plan Benefits Go Even Further



1. Earn rewards by using your dental plan benefits.

- Visit your dentist at least once each year.
- Keep your total paid claims for the year under your benefit threshold.



2. Use your rewards.

- Apply your rewards toward covered dental procedures after your existing benefit is used.
- You and any covered dependents have your own rewards accounts.



3. Make the most of your reward accumulation.

- Each year paid claims remain under the threshold, your rewards will increase until you reach the maximum reward accumulation.
- If you exceed your annual benefit threshold, you keep the rewards you've previously earned but don't earn new ones.
- If you don't use your dental benefits during the entire year, your accumulated rewards are lost, but you can begin earning rewards again the next year.

Rewards are subject to the applicable deductible, coinsurance and plan provisions.

PPO Bonus: When you visit an Ameritas Dental Network provider, you earn additional rewards to add to your annual carryover amount. Plus, your out-of-pocket expenses are usually 25-50% lower when you visit a network provider.

**For more information about these plan options, please
contact your broker or H.I.H.I.T. at 1-877-9201 or
hihit@hithihtrust.com.**



This is not a certificate of insurance or guarantee of coverage. Plan designs may not be available in all areas and are subject to individual state regulations. This piece is not for use in New Mexico. This information is provided by Ameritas Life Insurance Corp. (Ameritas Life). Dental, vision and hearing care products (9000 Rev. 03-16 for Group and 9000 Rev. 02-19 for Individual, dates may vary by state) are issued by Ameritas Life. The Dental and Vision Networks are not available in RI. In Texas, our dental network and plans are referred to as the Ameritas Dental Network. Ameritas, the bison design, "fulfilling life" are service marks or registered service marks of Ameritas Life, affiliate Ameritas Holding Company or Ameritas Mutual Holding Company. ©2021 Ameritas Mutual Holding Company.



DENTAL CARE + INSURANCE TOGETHER AND SIMPLIFIED

We believe dental insurance should be simple so we've eliminated the guessing game. We blend preventive dental care with broad insurance coverage, making it affordable, with no annual maximum* or deductibles and predictable out of pocket costs.

We practice evidence-based dentistry and partner with you to make sure you have the knowledge you need to practice healthy habits and we don't recommend any unnecessary treatments.



CONVENIENT NORTHWEST LOCATIONS



4.5 Average For All Offices



As a member, you'll have access to our top quality dental providers across our nearly 50 convenient locations. Learn more about our offices and providers at willamettedental.com, complete with unfiltered patient star ratings and comments.

*Benefits for TMJ, implant surgery, and orthognathic surgery have a benefit maximum.

CONVENIENT PLAN FEATURES

- No annual maximum*, deductible or waiting periods with predictable out-of-pocket costs
- Benefit coverage at all Willamette Dental Group locations
- Extended hours: Monday – Friday 7am – 6pm and rotating Saturdays regionally
- Easy appointment scheduling – just call 1.855.433.6825
- Emergency services available in-person in 48 hours or less and on-call 24/7
- All dental specialty services available, including orthodontics for all ages

YOUR MONTHLY RATES

TIER	MONTHLY
Employee Only	\$52.05
Employee & Spouse	\$98.60
Employee & Children	\$109.85
Employee & Family	\$156.45

Rates shown are the dental plan premiums plus the policyholder's additional administrative charge.

YOUR BENEFITS EFFECTIVE DATE: 1/1/2022

COVERED SERVICE	BENEFIT
Annual Maximum	No Annual Maximum*
Deductible	No Deductible
General & Ortho Office Visit	You Pay a \$20 Copay per visit
Diagnostic & Preventive Services	Covered with Office Visit Copay
Fillings	You Pay a \$30 Copay
Porcelain-Metal Crown	You Pay a \$300 Copay**
Complete Upper or Lower Denture	You Pay a \$400 Copay**
Bridge (per Tooth)	You Pay a \$300 Copay**
Root Canal Therapy – Anterior / Bicuspid / Molar	You Pay \$150 / \$225 / \$300 Copays
Routine Extraction (Single Tooth)	You Pay a \$20 Copay
Surgical Extraction	You Pay a \$175 Copay
Comprehensive Orthodontia Treatment	You Pay a \$2,500 Copay
Dental Implant Surgery	Benefit maximum of \$1,500 per calendar year
Nitrous Oxide	You Pay a \$40 Copay
Specialty Office Visit	You Pay a \$30 Copay per visit
Out of Area Emergency Care Reimbursement	You Pay Up to \$100

*Benefits for TMJ, implant surgery, and orthognathic surgery have a benefit maximum.

**Dental implant-supported prosthetics (crowns, bridges, and dentures) are not a covered benefit.

Underwritten by Willamette Dental of Washington, Inc. Please refer to your Certificate of Coverage for limitations and exclusions.

QUESTIONS?

Contact our Member Services team via email at memberservices@willamettedental.com or by phone at 1.855.433.6825.

Hospitality Industry Health Insurance Trust

2022 Vision Plans

Benefit Summary	EyeMed Materials-only Network Plan	EyeMed Network Plan	VSP Network Plan	No-network Plan	No-network Materials-only Plan
	In-network/Out	In-network/Out	In-network/Out	In-network/Out	In-network/Out
Benefit frequencies	Contacts or eyeglass lenses and frame every 12 months	Exam every 12 months, contacts or eyeglass lenses every 12 months, frame every 24 months		N/A	N/A
Annual deductible	None	\$10 exam, \$25 materials	\$10 exam, \$25 materials	None	None
Annual eye exam	No benefit, materials-only coverage	100% / up to \$35	100% / up to \$45	Members will be reimbursed up to \$200 for eligible vision expenses including exams, eyeglasses and contacts	No benefit, materials-only coverage
Single vision lenses	100% / up to \$25		100% / up to \$30		Members will be reimbursed up to \$200 for eligible vision materials including eyeglasses and contacts
Bifocal lenses	100% / up to \$40		100% / up to \$50		
Trifocal lenses	100% / up to \$55		100% / up to \$65		
Lenticular lenses	20% discount / no benefit		100% / up to \$100		
Frames	\$130 / \$65		\$130 / \$70		
Contacts elective	\$130 / \$104		\$130 / \$105		
Contacts medically necessary	100% / \$200		100% / \$210		
Contact fit & follow up exam	No benefit, materials-only coverage	Member cost up to \$55 / no benefit	15% discount / no benefit		No benefit, materials-only coverage

Member in-network discounted lens option cost

(may vary by prescription, option chosen and retail location)

Benefit Summary	EyeMed Materials-only Network Plan	EyeMed Network Plan	VSP Network Plan	No-network Plan	No-network Materials-only Plan
Std. Polycarbonate	\$40		100% children / \$33 adults		No discounts— Eyeglass lens options such as coating are not reimbursable under this plan.
Scratch Resistant	\$15		\$17 - \$33		
Anti-reflective coating	\$45		\$43 - \$85		
Ultraviolet	\$15		\$16		
Tint	\$15		\$15 - \$17		

LASIK benefits are included in all vision plans. Enjoy a \$250 lifetime maximum (\$125 per eye) with no network restrictions.

All rates are valid for policies with an effective date through Dec 31, 2022, and are guaranteed for two years.

Employee participation requirements: minimum 3 lives

	EyeMed Materials-only Network Plan	EyeMed Network Plan	VSP Network Plan	No-network Plan	No-network Materials-only Plan
	Plan 2	Plan 3	Plan 4	Plan 1	Plan 9
Employee	\$3.96	\$6.08	\$6.41	\$4.85	\$3.96
Employee + spouse	\$7.80	\$10.74	\$11.07	\$9.55	\$7.80
Employee + child(ren)	\$9.31	\$12.90	\$13.55	\$11.43	\$9.31
Employee + family	\$13.14	\$17.55	\$18.21	\$16.12	\$13.14

Voluntary plans may be set to align with the Section 125 plan year.

Voluntary Plan Monthly Rates – effective 1/1/2021 – employee pays the full cost of coverage

Employee participation requirements: VSP and EyeMed plans all eligible employees, Vision Perfect minimum 60%

	EyeMed Materials-only Network Plan	EyeMed Network Plan	VSP Network Plan	No-network Plan	No-network Materials-only Plan
	Plan 6	Plan 7	Plan 8	Plan 5	Plan 10
Employee	\$5.71	\$8.37	\$8.73	\$7.06	\$5.71
Employee + spouse	\$9.80	\$13.67	\$14.00	\$12.12	\$9.80
Employee + child(ren)	\$11.43	\$16.12	\$16.81	\$14.13	\$11.43
Employee + family	\$15.51	\$21.43	\$22.09	\$19.18	\$15.51

Your VSP vision plan

VSP offers the nation's largest network of independent providers. 86% of VSP doctors offer early morning, evening or weekend appointments, and 24-hour access to emergency care. Find VSP network providers at [vsp.com](https://www.vsp.com).



[Eyeconic.com](https://www.eyeconic.com) is VSP's in-network online eyewear store. Vision benefits are applied directly to the online order.

VSP provider discounts. Take advantage of 20% off the remaining frame balance, additional prescription glasses, and non-covered lens options. Find more ways to save at [vsp.com/specialoffers](https://www.vsp.com/specialoffers).

Based on applicable laws, reduced costs may vary by doctor location.

No claim form. When you visit a VSP provider, your claim form is submitted for you.

LASIK or PRK. 15% average off retail for LASIK or PRK laser eye correction, or 5% off promotional price, through a VSP provider.

Out-of-network benefits. Walmart and Sam's Club will file your claim for you, but your benefit amount will be higher if you visit a VSP network provider.

Your EyeMed vision plan

Five of the top six national retail chains accept EyeMed, including LensCrafters, Pearle Vision and Target Optical. Find EyeMed network providers at [eyemed.com](https://www.eyemed.com).



Browse and buy online at [contactsdirect.com](https://www.contactsdirect.com) and [glasses.com](https://www.glasses.com). At checkout, each site applies the plan benefit then shows the remaining cost.

EyeMed provider discounts. Take advantage of 20% off the remaining frame balance, materials not covered by the plan, and nonprescription sunglasses.

Based on applicable laws, reduced costs may vary by doctor location.

No claim form. When you visit an EyeMed provider, your claim form is submitted for you.

LASIK or PRK. 15% off retail price, or 5% off promotional price, for LASIK or PRK with U.S. Laser Network owned by LCA-Vision.

Extended hours. EyeMed providers are open an average of 10 evening hours and 12 weekend hours each week.

Set your sights on perfect vision. All plans include LASIK benefits. Enjoy a \$250 lifetime maximum, up to \$125 per eye, with no network restrictions.

Vision limitations/exclusions

Covered Expenses will not include and no benefits will be payable for expenses incurred for:

Limitations for all plans

- lenses more than the frequency as indicated on the plan summary page.
- frames more than the frequency as indicated on the plan summary page.

Limitations for Plan(s) 1, 5, 9, 10

- examinations performed or frames or lenses ordered before the member was covered under the eye care expense benefits.
- subject to extension of benefits, any examination performed or frame or lens ordered after the member's coverage under the eye care expense benefits ceases.
- sub-normal eye care aids; orthoptic or eye care training or any associated testing.
- non-prescription lenses.
- replacement or repair of lost or broken lenses or frames except at normal intervals.
- any eye examination or corrective eyewear required by an employer as a condition of employment.
- medical or surgical treatment of the eyes.
- any service or supply not shown on the Schedule of Eye Care Procedures.
- coated lenses; oversize lenses (exceeding 71mm); photo-gray lenses; polished edges; UV-400 coating and facets, and tints other than solid.

Limitations for no-network plans and EyeMed plans that cover exams and materials

- vision examinations more than the frequency as indicated on the plan summary page.

Limitations for no-network plans and EyeMed plans that cover materials only

- vision examinations.

Limitations for all EyeMed plans

- contact lenses more than once in any twelve month period. When chosen, contact lenses shall be in lieu of any other lens benefit during the twelve month period. When eyeglass lenses are chosen, expenses for contact lenses are not Covered Expenses during the twelve month period.
- contacts limited to the amount shown on the plan summary page unless they are medically necessary. Contact lenses are defined as medically necessary if the individual is diagnosed with one of the following conditions:
 - keratoconus where the patient is not correctable to 20/30 in either or both eyes using standard spectacle lenses.
 - high Ametropia exceeding -12 D or +9 D in spherical equivalent.
 - anisometropia of 3 D or more.
 - patients whose vision can be corrected two (2) lines of improvement on the visual acuity chart when compared to best corrected standard spectacle lenses.

If the member is diagnosed with a medically necessary condition, the Provider will submit a request for pre-authorization to EyeMed. The Medical Director reviews all requests for medically necessary contact lenses. If approved, the member will be covered for medically necessary contact lenses up to the plan allowance.

Such payment is limited to once in any twelve month period and is in lieu of lens benefits under this proposal.

- orthoptics or eye care training and any associated testing.
- planonon-prescriptionlensesandnon-prescriptionsunglasses (except for 20% discount).
- two pairs of glasses in lieu of bifocals. (Does not apply to Secondary Discounts).
- lenses and frames which are lost or broken, except at the normal intervals when services are otherwise available.
- medical and/or surgical treatment of the eye, eyes, or supporting structures.
- services for which a claim is filed more than 1 year after completion of the service.
- for any procedure not listed on the Schedule of Eye Care Services.

The VSP plans have the following limitation:

Some brands of spectacle frames may be unavailable at all locations for purchase as Covered Expenses, or may be subject to additional out-of-pocket expenses. Members may obtain details regarding frame brand availability from their treating provider or by calling VSP's Customer Care Division at (800) 877-7195.

The VSP plans to not cover

- More than one eye exam in the frequency as indicated on the plan summary page.
- More than one pair of lenses in the frequency as indicated on the plan summary page.
- More than one set of frames in the frequency as indicated on the plan summary page.
- Services and/or materials not specifically included in the Schedule as covered Plan Benefits.
- Plano lenses (lenses with refractive correction of less than plus or minus .50 diopter) except as specifically allowed in the frames benefit section of the Plan Benefits.
- Services or materials that are cosmetic, including Plano contact lenses to change eye color and artistically painted Contact Lenses.
- Two pairs of glasses in lieu of Bifocals.
- Replacement of Spectacle Lenses, Frames, and/or contact lenses furnished under this plan that are lost or damaged, except at the normal intervals when services are otherwise available.
- Orthoptics or vision training and any associated supplemental testing.
- Medical or surgical treatment of the eyes.
- Contact lens modification, polishing or cleaning.
- The refitting of Contact Lenses after the initial 90-day filing period.
- Contact Lens insurance policies or service contracts.
- Additional office visits associated with contact lens pathology.
- Local, state and/or federal taxes, except where law requires us to pay.
- Membership fees for any retail center in which an Affiliate or Open Access provider office may be located. Covered persons may be required to purchase a membership in such entities as a condition of accessing Plan Benefits.



“Whenever I have questions or need help,
I call GuidanceResources for confidential
information and assistance.”



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The single source for confidential
support, expert information and valuable
resources, when you need it the most.
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Call ComPsych® GuidanceResources® anytime for confidential assistance.

Call: 844.837.9296

Confidential Counseling on Personal Issues

An Employee Assistance Program (EAP) is a confidential counseling service to help address the personal issues your workforce is facing. This service, staffed by experienced clinicians, is available by calling a toll-free phone line 24 hours a day, seven days a week. A GuidanceConsultantSM will refer employees to local counselors or to resources in the community. Call any time with concerns, including:

- › Relationships
- › Problems with your children
- › Substance abuse
- › Stress, anxiety or depression
- › Job pressures
- › Marital conflicts
- › Grief and loss
- › Empty-nesting

FinancialConnect®

Financial issues can arise at any time, from dealing with debt to saving for college. Our financial professionals are here to discuss concerns and provide the tools and information needed to address finances, including:

- › Getting out of debt
- › Retirement planning
- › Credit card or loan problems
- › Saving for college
- › Tax questions
- › Estate planning

LegalConnect®

When a legal issue arises, attorneys are available to provide confidential support with practical, understandable information and assistance. If representation is required, individuals can also be referred to a qualified local attorney for a free 30-minute consultation with a 25% reduction in customary legal fees thereafter. Call with legal concerns including:

- › Divorce and family law
- › Debt obligations
- › Landlord and tenant issues
- › Real estate transactions
- › Bankruptcy
- › Criminal actions
- › Civil lawsuits
- › Contracts

FamilySource®

New parents, caregivers for elders, parents sending a child off to college, individuals buying a car or doing home repairs are bound to have questions or need resource referrals. Work-life specialists can help sort out the issues and provide information based on the individual's specific criteria. Individuals receive a personalized reference package containing helpful resources and literature, covering areas such as:

- › Finding child or elder care
- › Planning for college
- › Relocating to a new city
- › Entertaining family and friends
- › Finding pet care
- › Purchasing a car
- › Home repair

GuidanceResources® Online

GuidanceResources® Online is the one stop for expert information to assist individuals with the issues that matter to them, from personal or family concerns to legal and financial concerns. Each time, individuals will receive personalized, relevant information based on their individual life needs, They can:

- › Review in-depth HelpSheetsSM on your topics
- › Get answers to specific questions
- › Search for services and referrals
- › Use helpful planning tools
- › Order pre-screened reference books

Cost of the Program

	6-session
Fully Integrated GuidanceResources EAP, FamilySource, LegalConnect, FinancialConnect and GuidanceResources® Online	\$1.80*

* per employee per month



Talk to a doctor anytime

Teladoc® gives you 24/7/365 access to U.S. board-certified doctors through the convenience of phone, video or mobile app visits. It's an affordable alternative to costly urgent care and ER visits when you need care now.



MEET OUR DOCTORS

Teladoc is simply a new way to access qualified doctors. All Teladoc doctors:

- Are practicing PCPs, pediatricians, and family medicine physicians
- Average 20 years experience
- Are U.S. board-certified and licensed in your state
- Are credentialed every three years, meeting NCQA standards

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- **Cold & flu symptoms**
- **Allergies**
- **Sinus problems**
- **Urinary tract infection**
- **Respiratory infection**
- **Skin problems**
- **And more!**

WHEN CAN I USE TELADOC?

Teladoc does not replace your primary physician it is a convenient and affordable option for quality care.

- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short term prescription refills

***Employee and family coverage for only \$2.33 per employee per month.**

Talk to a doctor anytime for **FREE!***

 Teladoc.com

 1-800-Teladoc (835-2362)



Everyone deserves a better Tomorrow.

Employer paid basic term life
insurance for employees.



Martin has worried for a while that he doesn't have enough life insurance for a dad with teenagers at home and a love for steak. When he found out a potential employer included a basic term life policy as part of their compensation for each employee, it encouraged him to accept their offer. He feels relieved of that nagging worry that's been bothering him.

A simple, valuable benefit

Three out of 10 U.S. households have no life insurance at all, and half said they needed more life insurance.¹ Basic term life insurance helps fill that need, providing a death benefit to assist with final expenses and to help protect your family's finances.

You are automatically enrolled by your employer. You can keep this insurance as long as you're actively working at the company, regardless of age.

A company you can trust

In today's financial environment, working with a reliable company with a heritage of over 100 years of helping families is a smart way to do business. Feel confident that Transamerica will be there when your family needs us most.

Benefits included with policy

This policy includes two riders (additional benefits). The Accelerated Death Benefit for Terminal Illness Rider advances a portion of the life insurance death benefit to you if diagnosed for the first time with a terminal illness and still provides the remaining benefit to your beneficiary after death. The Waiver of Premium Rider waives premiums while maintaining a life insurance benefit up to age 65 if the insured becomes totally disabled.

You can convert your policy if it terminates.

If you retire or leave your job, you can convert it to a permanent² insurance policy (without any optional riders). It allows you to maintain the same death benefit amount (with premiums based on attained age, class of risk and death benefit amount) without having to provide evidence of insurability like a blood test or physical exam.

Product Highlights

employer-paid premiums

no blood tests or physicals

convertible when
employment ends

¹ Facts About Life 2013, LIMRA. Use of statistics does not imply endorsement.

² "Permanent" is a type of insurance that can be kept throughout life, such as a whole life or universal life insurance policy. Your policy can still lapse prior to maturity date if you don't pay premiums.

Life Insurance benefit amount = \$10,000.00 @ \$1.41 per employee per month

The following options are included with your policy:

1. Accidental Death and Dismemberment Rider
2. Accelerated Death Benefit for Terminal Illness Rider
3. Waiver of Premium Benefit Rider
4. Benefit Reduction Schedule - Life insurance proceeds automatically reduce starting on the anniversary date following your 65th birthday.

Please see your insurance certificate for more details regarding your coverage.

This is a brief summary of basic term life insurance **underwritten by Transamerica Life Insurance Company**, Cedar Rapids, IA.

Policy form series CPBTL100 and CCBTL100. Rider forms series CRADBT00, CRTIBT00 and CRWPBT00. Forms and form numbers may vary.

This insurance may not be available in all jurisdictions. Limitations and exclusion apply. Refer to the policy, certificate and riders for complete details.

Up to date information regarding our compensation practices can be found in the Disclosures section of our website at: www.tebcs.com.

Benefit Summary
Hospitality Industry (HIHIT) - Diamond Plan
Group Number: SP00100



Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-166399
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$500 per calendar year Family deductible: \$1,000 per calendar year	Individual deductible: \$1,000 per calendar year Family deductible: \$2,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%	Plan pays 50%, you pay 50% of the Allowed Amount.
Deductible and/or coinsurance waiver riders	Deductible and coinsurance do not apply to office visits (excludes lab/xray)	Not applicable
Out-of-pocket limit	Individual out-of-pocket limit: \$5,000 Family out-of-pocket limit: \$10,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$10,000 Family out-of-pocket limit: \$20,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: \$200 copay, per admit Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: \$200 copay, per admit Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance do not apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay Deductible and coinsurance apply	\$200 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance do not apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply. Routine care not subject to outpatient services copay.	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	\$25 copay, deductible and coinsurance do not apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance do not apply	Not covered
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full	Deductible and coinsurance apply Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums. Routine mammograms: Deductible and coinsurance apply
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. \$200 copay, per admit Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: Day limits shared with preferred provider network \$200 copay, per admit Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year \$200 copay, per admit Deductible and coinsurance apply	Day limits shared with preferred provider network \$200 copay, per admit Deductible and coinsurance apply

Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

Benefit Summary
Hospitality Industry (HIHIT) - Emerald Plan
Group Number: SP00100



Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-160583
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$1,000 per calendar year Family deductible: \$2,000 per calendar year	Individual deductible: \$2,000 per calendar year Family deductible: \$4,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%	Plan pays 60%, you pay 40% of the Allowed Amount.
Deductible and/or coinsurance waiver riders	Covered at outpatient services copay for 1st 4 office visits per calendar year (deductible and coinsurance waived), after the 4 visits, covered at deductible and coinsurance (copay waived)	Not applicable
Out-of-pocket limit	Individual out-of-pocket limit: \$5,000 Family out-of-pocket limit: \$10,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$10,000 Family out-of-pocket limit: \$20,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	<p>Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply.</p> <p>High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.</p>	<p>Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply.</p> <p>High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.</p>
Emergency services (copay waived if admitted)	\$200 copay Deductible and coinsurance apply	\$200 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	<p>Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply. Routine care not subject to outpatient services copay.</p>	<p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
Mental Health	<p>Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply</p>	<p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
Naturopathy	\$25 copay, deductible and coinsurance apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	<p>Unlimited, no waiting period</p> <p>Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply</p>	<p>Shared with preferred provider network</p> <p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
<p>Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms</p>	<p>Covered in full</p> <p>Women's contraception is covered as preventive, and Men's contraception is covered in full</p>	<p>Deductible and coinsurance apply</p> <p>Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums.</p> <p>Routine mammograms: Deductible and coinsurance apply</p>
<p>Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year</p>	<p>Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply</p>	<p>Inpatient: Day limits shared with preferred provider network Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply</p>
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply	Day limits shared with preferred provider network, deductible and coinsurance apply

Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-160577
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$1,500 per calendar year Family deductible: \$4,500 per calendar year	Individual deductible: \$3,000 per calendar year Family deductible: \$9,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%	Plan pays 50%, you pay 50% of the Allowed Amount.
Deductible and/or coinsurance waiver riders	Covered at outpatient services copay for 1st 4 office visits per calendar year (deductible and coinsurance waived), after the 4 visits, covered at deductible and coinsurance (copay waived)	Not applicable
Out-of-pocket limit	Individual out-of-pocket limit: \$4,000 Family out-of-pocket limit: \$12,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$8,000 Family out-of-pocket limit: \$24,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$40 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	<p>Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply.</p> <p>High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.</p>	<p>Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply.</p> <p>High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.</p>
Emergency services (copay waived if admitted)	\$200 copay Deductible and coinsurance apply	\$200 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$40 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	<p>Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply. Routine care not subject to outpatient services copay.</p>	<p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
Mental Health	<p>Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply</p>	<p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
Naturopathy	\$40 copay, deductible and coinsurance apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	<p>Unlimited, no waiting period</p> <p>Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply</p>	<p>Shared with preferred provider network</p> <p>Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply</p>
<p>Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms</p>	<p>Covered in full</p> <p>Women's contraception is covered as preventive, and Men's contraception is covered in full</p>	<p>Deductible and coinsurance apply</p> <p>Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums.</p> <p>Routine mammograms: Deductible and coinsurance apply</p>
<p>Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year</p>	<p>Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply</p>	<p>Inpatient: Day limits shared with preferred provider network Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply</p>
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply	Day limits shared with preferred provider network, deductible and coinsurance apply

Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160580
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This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.

In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$2,500 per calendar year Family deductible: \$5,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%
Deductible and/or coinsurance waiver riders	1st 4 visits per calendar year are not subject to deductible and/or coinsurance. Lab and xray services covered in full up to \$500 per calendar year.
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: \$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand \$25/\$50 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply
Ambulance services	Plan pays 80%, you pay 20%
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 50%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Covered in full up to \$500 per calendar year, then deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$25 copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$25 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$25 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160586
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In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$2,500 per calendar year Family deductible: \$5,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 70%, you pay 30%
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$40 copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: \$40 copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$25/\$50/\$75 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$40 copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 80%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$40 copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$40 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$40 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$40 copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$40 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Benefit Summary
Hospitality Industry (HIHIT) - HSA Individual
Group Number: SP00100



Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160585
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In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$2,500 per calendar year Family deductible: \$5,000 per calendar year Until the total family annual deductible is met, benefits will not be provided for any family member
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%
Out-of-pocket limit	Individual out-of-pocket limit: \$4,500 Family out-of-pocket limit: \$7,150 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services If enrolled on the family plan you must meet the family out-of-pocket maximum
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: No copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$40/\$60 copay per 30 day supply, deductible applies. Certain preventive medications are covered in full.
Prescription mail order	3 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 50%, deductible applies
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.

Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$0 copay Deductible and coinsurance apply
Hearing exams (routine)	No copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	No visit limit, deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full after annual deductible has been satisfied
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Women's sterilization is covered as preventive, and Men's sterilization is covered in full after the annual deductible has been satisfied.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	No copay, deductible and coinsurance apply
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Deductible applies

Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-160588
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- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$2,500 per calendar year Family deductible: \$5,000 per calendar year	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%	Plan pays 50%, you pay 50% of the Allowed Amount.
Deductible and/or coinsurance waiver riders	Covered at outpatient services copay for 1st 4 office visits per calendar year (deductible and coinsurance waived), after the 4 visits, covered at deductible and coinsurance (copay waived)	Not applicable
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$14,300 Family out-of-pocket limit: \$28,600 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: \$200 copay, per admit Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: \$200 copay, per admit Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply

Devices, equipment and supplies <ul style="list-style-type: none"> Durable medical equipment Orthopedic appliances Post-mastectomy bras limited to two (2) every six (6) months Ostomy supplies Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply. High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.	Inpatient: Covered under Hospital services Outpatient: Lab and xray services are covered in full up to \$500 per calendar year (limit shared with preferred provider and out-of-network provider), then deductible and coinsurance apply. High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay Deductible and coinsurance apply	\$200 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply. Routine care not subject to outpatient services copay.	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	\$25 copay, deductible and coinsurance apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply	Shared with preferred provider network Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply

Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full	Not covered Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums. Routine mammograms: Deductible and coinsurance apply
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. \$200 copay, per admit Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Day limits shared with preferred provider network \$200 copay, per admit Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year \$200 copay, per admit Deductible and coinsurance apply	Day limits shared with preferred provider network \$200 copay, per admit Deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: \$200 copay, per admit Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

All plans offered and underwritten by Kaiser Foundation Health Plan of Washington Options, Inc.

RQ-160588

Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-166398
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- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$3,000 per calendar year Family deductible: \$6,000 per calendar year	Individual deductible: \$6,000 per calendar year Family deductible: \$12,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 70%, you pay 30%	Plan pays 50%, you pay 50% of the Allowed Amount.
Deductible and/or coinsurance waiver riders	Deductible and coinsurance do not apply to office visits (excludes lab/xray)	Not applicable
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$14,300 Family out-of-pocket limit: \$28,600 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$40 copay, deductible and coinsurance do not apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$250 copay Deductible and coinsurance apply	\$250 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$40 copay, deductible and coinsurance do not apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply. Routine care not subject to outpatient services copay.	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	\$40 copay, deductible and coinsurance do not apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance do not apply	Not covered
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full	Deductible and coinsurance apply Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums. Routine mammograms: Deductible and coinsurance apply
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: Day limits shared with preferred provider network Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply	Day limits shared with preferred provider network, deductible and coinsurance apply

Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay (\$30 copay enhanced benefit), deductible and coinsurance do not apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

Effective Date 1/1/2022	Health Plan Access PPO	Ref RQ-160584
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In accordance with the Patient Protection and Affordable Care Act of 2010,

- The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and
- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Preferred Provider Network	Out-of-Network
Plan deductible	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year	Individual deductible: \$10,000 per calendar year Family deductible: \$20,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply	4th quarter carryover does not apply
Plan coinsurance	Plan pays 50%, you pay 50%	Plan pays 50%, you pay 50% of the Allowed Amount.
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services	Individual out-of-pocket limit: \$14,300 Family out-of-pocket limit: \$28,600 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC	Same as preferred provider network
Lifetime maximum	Unlimited	Shared with preferred provider maximum
Outpatient services (Office visits)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply Enhanced benefit applies when services are provided by an Enhanced provider.	No copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$20/\$50/\$95 (\$15/\$45/\$85 enhanced) copay up to a 30 day supply.	Preferred generic/preferred brand/non-preferred Not covered
Prescription mail order	2x the enhanced benefit prescription drug cost share up to a 90 day supply	Not covered
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance apply	Preferred provider deductible and coinsurance apply
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Deductible and coinsurance apply	Deductible and coinsurance apply

Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$250 copay Deductible and coinsurance apply	\$250 copay Preferred provider deductible and coinsurance apply
Hearing exams (routine)	\$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	No copay, deductible and coinsurance apply
Hearing hardware	Not covered	Not covered
Home health services	No visit limit, deductible and coinsurance apply	No visit limit Deductible and coinsurance apply
Hospice services	Deductible and coinsurance apply	Deductible and coinsurance apply
Infertility services	Not covered	Not covered
Manipulative therapy	Covered up to 8 visits per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply	Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Massage services	See Rehabilitation services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply. Routine care not subject to outpatient services copay.	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Naturopathy	\$25 copay, deductible and coinsurance apply	No copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply	Shared with preferred provider network Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full	Deductible and coinsurance apply Women's preventive care services (including contraceptive drugs and devices and sterilization) are subject to the applicable Preventive Care cost share and benefit maximums. Routine mammograms: Deductible and coinsurance apply
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Day limits shared with preferred provider network Deductible and coinsurance apply Outpatient: Visit limits shared with preferred provider network No copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply	Day limits shared with preferred provider network, deductible and coinsurance apply

Sterilization (vasectomy, tubal ligation)	Covered in full	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply Outpatient Surgery: See Hospital services; Outpatient surgery section Women's sterilization procedures are covered subject to the applicable Preventive Care cost share and benefit maximums.
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay (\$15 copay enhanced benefit), deductible and coinsurance apply	Inpatient: Deductible and coinsurance apply Outpatient: No copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full	Applicable cost shares apply
Routine vision care (1 visit every 12 months)	Covered in full	Covered in full
Optical hardware Lenses, including contact lenses and frames	Not covered	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full	Telemedicine: Applicable cost shares apply Telephone Services and Online (E-Visits): Not Covered

Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160587
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- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 70%, you pay 30%
Deductible and/or coinsurance waiver riders	1st 4 visits per calendar year are not subject to deductible and/or coinsurance. Lab and xray services covered in full up to \$500 per calendar year.
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: \$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand \$25/\$50 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply
Ambulance services	Plan pays 80%, you pay 20%
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 50%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Covered in full up to \$500 per calendar year, then deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$25 copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$25 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay primary/\$50 copay specialty, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$25 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160581
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- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 50%, you pay 50%
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$40 copay, deductible and coinsurance apply
Hospital services	Inpatient services: \$1000 copay, per admit Deductible and coinsurance apply Outpatient surgery: \$40 copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand \$20/\$40 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$40 copay, deductible and coinsurance apply
Ambulance services	Plan pays 80%, you pay 20%
Chemical dependency	Inpatient: \$1000 copay, per admit Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 50%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$40 copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$40 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: \$1000 copay, per admit Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: \$1000 copay, per admit Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$40 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: \$1000 copay, per admit Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. \$1000 copay, per admit Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$40 copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: \$1000 copay, per admit Deductible and coinsurance apply Outpatient: \$40 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$40 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date 1/1/2022	Health Plan Core HMO	Ref RQ-160590
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- Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.

Benefits	Inside Network
Plan deductible	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 50%, you pay 50%
Deductible and/or coinsurance waiver riders	1st 4 visits per calendar year are not subject to deductible and/or coinsurance. Lab and xray services covered in full up to \$500 per calendar year.
Out-of-pocket limit	Individual out-of-pocket limit: \$7,150 Family out-of-pocket limit: \$14,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$25 copay, deductible and coinsurance apply
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: \$25 copay, deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/non-preferred \$25/\$50/\$75 copay per 30 day supply
Prescription mail order	2 x prescription cost share per 90 day supply
Acupuncture	Covered up to 12 visits per calendar year \$25 copay, deductible and coinsurance apply
Ambulance services	Deductible and coinsurance
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 50%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.
Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Covered in full up to \$500 per calendar year, then deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.

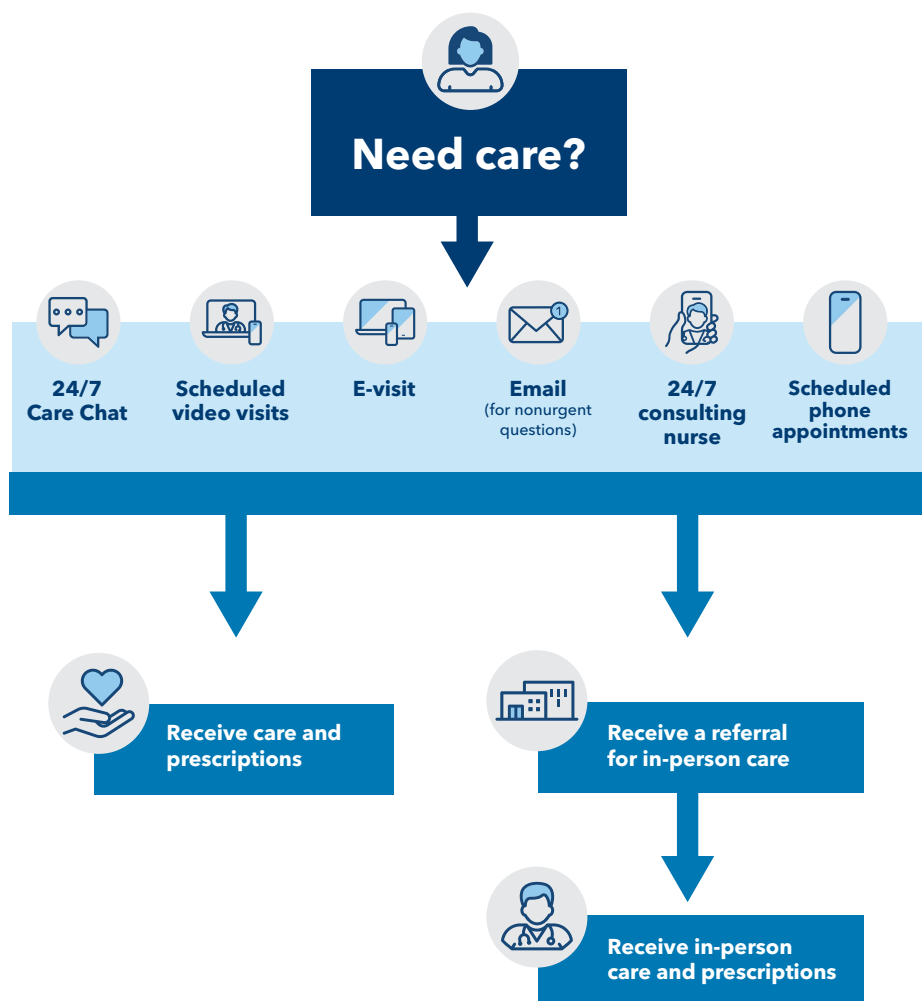
Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$25 copay, deductible and coinsurance apply
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$25 copay, deductible and coinsurance apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$25 copay, deductible and coinsurance apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$25 copay, deductible and coinsurance apply
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$25 copay, deductible and coinsurance apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$25 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Virtual Plus



With low monthly premiums and no-charge virtual care, Virtual Plus plans give you convenient ways to start your care virtually with referred in-person care when you need it.

When you need care, visit kp.org/wa/getcare and start with a virtual visit. A Kaiser Permanente doctor or clinician will give you care and prescriptions, or refer you for in-person care. If you start in-person care on your own, your cost will be higher for most services.



Care teams that know you

Kaiser Permanente teams are connected to each other – and to you – through your electronic medical record. Whether you see us virtually or in-person, you'll get coordinated care from a team who knows your health.



More control over your health care costs

No charge for virtual care, preventive care, and your first in-person primary care visit.

\$ Lower out-of-pocket cost for in-person care you get through a referral.

\$\$ Higher out-of-pocket cost for most in-person care you get without a referral.



Medications, quickly and conveniently

Fill your first prescription at a network pharmacy or through mail order, then get most refills through mail order. Delivery is free and usually in as little as 1 to 2 days.

Some services don't require a referral for lower out-of-pocket cost, such as:

- Virtual care
- Preventive care
- First in-person primary care visit
- Emergency care
- Urgent care*

*Care at Kaiser Permanente walk-in clinics requires a referral in order to pay a lower out-of-pocket cost.

See reverse side for frequently asked questions and answers.

Virtual Plus Plans

Questions and Answers

How is getting care on a Virtual Plus plan different from other Kaiser Permanente plans?

For most of your care, including care from a specialist, you'll start with a virtual visit. Virtual visits are covered at no charge. At the virtual visit, a Kaiser Permanente doctor or clinician will give you the care and prescriptions you need or refer you for in-person care. Virtual options include 24/7 Care Chat online messaging or nurse phone line, scheduled video visits and phone appointments, e-visits, and email for nonurgent questions. You can also be referred for additional in-person care by a provider during an in-person visit, such as a preventive visit.

Kaiser Permanente care teams are connected to each other – and you – through your electronic medical record. Virtually or in-person, you'll get coordinated care from a team who knows your health.

Does all in-person care have to start with a referral from a virtual visit?

No. While most in-person care requires a referral, some visits do not, such as your first primary care visit, annual preventive visit, and urgent and emergency care.

What is the most affordable way to get care on this plan?

To pay the lowest cost, start your care with a virtual visit, covered at no charge. You'll get the care and prescriptions you need or be referred for in-person care. This referred in-person care will usually cost less than starting in-person care on your own. Preventive care and your first primary care visit are provided in-person at no charge.

How do I get my medications?

You can fill up to a 30-day supply of the first prescription for a new medication at an in-network pharmacy or through our mail-order service. Then you'll get most refills and maintenance medications through mail order. Delivery is free and usually takes 1 to 2 days. If your medication can't be mailed, you can get up to a 30-day supply at a network pharmacy. If you have medication questions or want help transferring prescriptions, you can chat online or have a video visit with a pharmacist.

How do I get care if I travel outside of Washington state?

Virtual care may not be available due to state laws that prevent doctors from providing care across state lines. You can get in-person care at any Kaiser Permanente medical facility in the country, in-network urgent care facility, or CVS MinuteClinic® in states without Kaiser Permanente facilities. You do not need a referral for these in-person care options, but you will have a cost depending on your plan benefits.

What if I need emergency care?

You have coverage for in-person emergency and urgent care anywhere in the world, and you do not need a referral. Your cost will depend on your plan benefits.

Where are Virtual Plus plans available?

Kaiser Permanente Virtual Plus plans are available in Washington to members of employer groups residing or working in King, Kitsap, Pierce, Snohomish, Spokane, and Thurston counties.

For more information about Virtual Plus plans, contact your plan administrator or human resources department.

kp.org/wa



Effective Date 1/1/2022	Health Plan Virtual Plus	Ref RQ-165727
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Benefits	Inside Network
Plan deductible	Individual deductible: \$1,000 per calendar year Family deductible: \$2,000 per calendar year
Individual deductible carryover	4th quarter carryover does not apply
Plan coinsurance	Plan pays 80%, you pay 20%
Deductible and/or coinsurance waiver riders	All services delivered via telehealth and 1st non-preventative primary care office visit are covered in full. Deductible and coinsurance do not apply to authorized outpatient visits in the clinic but do apply to all non-authorized outpatient services, including all surgical services. All other services covered at applicable cost shares.
Out-of-pocket limit	Individual out-of-pocket limit: \$3,000 Family out-of-pocket limit: \$6,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services
Pre-existing condition (PEC) waiting period	No PEC
Lifetime maximum	Unlimited
Outpatient services (Office visits)	\$20 copay primary/\$40 copay specialty Deductible and coinsurance do not apply for authorized visits. Self-directed visits are subject to deductible and coinsurance, copay waived. Virtual visits are covered in full.
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/preferred specialty \$15/\$35/\$150 up to a 30 day supply
Prescription mail order	\$5 copay/2x prescription cost share up to a 90 day supply; After 1st fill, maintenance drugs must be filled through KFHPWA mail order
Acupuncture	Covered up to 12 visits per calendar year \$20 copay Deductible and coinsurance do not apply
Ambulance services	Plan pays 80%, you pay 20%
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$20 copay
Devices, equipment and supplies <ul style="list-style-type: none"> • Durable medical equipment • Orthopedic appliances • Post-mastectomy bras limited to two (2) every six (6) months • Ostomy supplies • Prosthetic devices 	Covered at 80%
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.

Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$20 copay
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$20 copay Deductible and coinsurance do not apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$20 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$20 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$20 copay Deductible and coinsurance do not apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$20 copay Deductible and coinsurance do not apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$20 copay primary/\$40 copay specialty
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$20 copay Deductible and coinsurance do not apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$20 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date	1/1/2022	Health Plan	Virtual Plus	Ref	RQ-165726
This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.					
In accordance with the Patient Protection and Affordable Care Act of 2010,					
<ul style="list-style-type: none">The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, andDependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.					
Benefits		Inside Network			
Plan deductible		Individual deductible: \$2,000 per calendar year Family deductible: \$4,000 per calendar year			
Individual deductible carryover		4th quarter carryover does not apply			
Plan coinsurance		Plan pays 80%, you pay 20%			
Deductible and/or coinsurance waiver riders		All services delivered via telehealth and 1st non-preventative primary care office visit are covered in full. Deductible and coinsurance do not apply to authorized outpatient visits in the clinic but do apply to all non-authorized outpatient services, including all surgical services. All other services covered at applicable cost shares.			
Out-of-pocket limit		Individual out-of-pocket limit: \$4,000 Family out-of-pocket limit: \$8,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services			
Pre-existing condition (PEC) waiting period		No PEC			
Lifetime maximum		Unlimited			
Outpatient services (Office visits)		\$30 copay primary/\$60 copay specialty Deductible and coinsurance do not apply for authorized visits. Self-directed visits are subject to deductible and coinsurance, copay waived. Virtual visits are covered in full.			
Hospital services		Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply			
Prescription drugs (some injectable drugs may be covered under Outpatient services)		Preferred generic/preferred brand/preferred specialty \$15/\$35/\$150 up to a 30 day supply			
Prescription mail order		\$5 copay/2x prescription cost share up to a 90 day supply; After 1st fill, maintenance drugs must be filled through KFHPWA mail order			
Acupuncture		Covered up to 12 visits per calendar year \$30 copay Deductible and coinsurance do not apply			
Ambulance services		Plan pays 80%, you pay 20%			
Chemical dependency		Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay			
Devices, equipment and supplies <ul style="list-style-type: none">Durable medical equipmentOrthopedic appliancesPost-mastectomy bras limited to two (2) every six (6) monthsOstomy suppliesProsthetic devices		Covered at 80%			
Diabetic supplies		Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.			

Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$30 copay
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$30 copay Deductible and coinsurance do not apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$30 copay Deductible and coinsurance do not apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay Deductible and coinsurance do not apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$30 copay primary/\$60 copay specialty
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay Deductible and coinsurance do not apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$30 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date	1/1/2022	Health Plan	Virtual Plus	Ref	RQ-165725
This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.					
In accordance with the Patient Protection and Affordable Care Act of 2010,					
<ul style="list-style-type: none">• The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, and• Dependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.					
Benefits	Inside Network				
Plan deductible	Individual deductible: \$3,000 per calendar year Family deductible: \$6,000 per calendar year				
Individual deductible carryover	4th quarter carryover does not apply				
Plan coinsurance	Plan pays 70%, you pay 30%				
Deductible and/or coinsurance waiver riders	All services delivered via telehealth and 1st non-preventative primary care office visit are covered in full. Deductible and coinsurance do not apply to authorized outpatient visits in the clinic but do apply to all non-authorized outpatient services, including all surgical services. All other services covered at applicable cost shares.				
Out-of-pocket limit	Individual out-of-pocket limit: \$6,000 Family out-of-pocket limit: \$12,000 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services				
Pre-existing condition (PEC) waiting period	No PEC				
Lifetime maximum	Unlimited				
Outpatient services (Office visits)	\$30 copay primary/\$60 copay specialty Deductible and coinsurance do not apply for authorized visits. Self-directed visits are subject to deductible and coinsurance, copay waived. Virtual visits are covered in full.				
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply				
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/preferred specialty \$20/\$40/\$150 up to a 30 day supply				
Prescription mail order	\$5 copay/2x prescription cost share up to a 90 day supply; After 1st fill, maintenance drugs must be filled through KFHPWA mail order				
Acupuncture	Covered up to 12 visits per calendar year \$30 copay Deductible and coinsurance do not apply				
Ambulance services	Plan pays 80%, you pay 20%				
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay				
Devices, equipment and supplies <ul style="list-style-type: none">• Durable medical equipment• Orthopedic appliances• Post-mastectomy bras limited to two (2) every six (6) months• Ostomy supplies• Prosthetic devices	Covered at 80%				
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.				

Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$30 copay
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$30 copay Deductible and coinsurance do not apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$30 copay Deductible and coinsurance do not apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay Deductible and coinsurance do not apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$30 copay primary/\$60 copay specialty
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$30 copay Deductible and coinsurance do not apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$30 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full

Effective Date	1/1/2022	Health Plan	Virtual Plus	Ref	RQ-165728
This is a brief summary of benefits. THIS IS NOT A CONTRACT OR CERTIFICATE OF COVERAGE. All benefit descriptions, including alternative care, are for medically necessary services. The Member will be charged the lesser of the cost share for the covered service or the actual charge for that service. For full coverage provisions, including limitations, please refer to your certificate of coverage.					
In accordance with the Patient Protection and Affordable Care Act of 2010,					
<ul style="list-style-type: none">The lifetime maximum on the dollar value of covered essential health benefits no longer applies. Members whose coverage ended by reason of reaching a lifetime limit under this plan are eligible to enroll in this plan, andDependent children who are under the age of twenty-six (26) are eligible to enroll in this plan.					
Benefits	Inside Network				
Plan deductible	Individual deductible: \$5,000 per calendar year Family deductible: \$10,000 per calendar year				
Individual deductible carryover	4th quarter carryover does not apply				
Plan coinsurance	Plan pays 70%, you pay 30%				
Deductible and/or coinsurance waiver riders	All services delivered via telehealth and 1st non-preventative primary care office visit are covered in full. Deductible and coinsurance do not apply to authorized outpatient visits in the clinic but do apply to all non-authorized outpatient services, including all surgical services. All other services covered at applicable cost shares.				
Out-of-pocket limit	Individual out-of-pocket limit: \$8,150 Family out-of-pocket limit: \$16,300 Out-of-pocket expenses for the following covered services are included in the out-of-pocket limit: All cost shares for covered services				
Pre-existing condition (PEC) waiting period	No PEC				
Lifetime maximum	Unlimited				
Outpatient services (Office visits)	\$40 copay primary/\$80 copay specialty Deductible and coinsurance do not apply for authorized visits. Self-directed visits are subject to deductible and coinsurance, copay waived. Virtual visits are covered in full.				
Hospital services	Inpatient services: Deductible and coinsurance apply Outpatient surgery: Deductible and coinsurance apply				
Prescription drugs (some injectable drugs may be covered under Outpatient services)	Preferred generic/preferred brand/preferred specialty \$20/\$40/\$150 up to a 30 day supply				
Prescription mail order	\$5 copay/2x prescription cost share up to a 90 day supply; After 1st fill, maintenance drugs must be filled through KFHPWA mail order				
Acupuncture	Covered up to 12 visits per calendar year \$40 copay Deductible and coinsurance do not apply				
Ambulance services	Plan pays 80%, you pay 20%				
Chemical dependency	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay				
Devices, equipment and supplies <ul style="list-style-type: none">Durable medical equipmentOrthopedic appliancesPost-mastectomy bras limited to two (2) every six (6) monthsOstomy suppliesProsthetic devices	Covered at 80%				
Diabetic supplies	Insulin, needles, syringes and lancets-see Prescription drugs. External insulin pumps, blood glucose monitors, testing reagents and supplies-see Devices, equipment and supplies. When Devices, equipment and supplies or Prescription drugs are covered and have benefit limits, diabetic supplies are not subject to these limits.				

Diagnostic lab and X-ray services	Inpatient: Covered under Hospital services Outpatient: Deductible and coinsurance apply High end radiology imaging services such as CT, MRI and PET must be determined Medically Necessary and require prior authorization except when associated with Emergency care or inpatient services.
Emergency services (copay waived if admitted)	\$200 copay at a designated facility \$200 copay at a non designated facility Deductible and coinsurance apply
Hearing exams (routine)	\$40 copay
Hearing hardware	Not covered
Home health services	Covered in full. No visit limit.
Hospice services	Covered in full
Infertility services	Not covered
Manipulative therapy	Covered up to 10 visits per calendar year without prior authorization \$40 copay Deductible and coinsurance do not apply
Massage services	See Rehabilitation services
Maternity services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay. Routine care not subject to outpatient services copay.
Mental Health	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay
Naturopathy	Covered up to 3 visits per medical diagnosis per calendar year without prior authorization; additional visits when approved by the plan \$40 copay Deductible and coinsurance do not apply
Newborn Services	Initial hospital stay: See Hospital Services; Office visits: See Outpatient Services; Routine well care: See Preventive care. Any applicable cost share for newborn services is separate from that of the mother.
Obesity-related surgery (bariatric)	Not covered
Organ transplants	Unlimited, no waiting period Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay Deductible and coinsurance do not apply
Preventive care Well-care physicals, immunizations, Pap smear exams, mammograms	Covered in full Women's contraception is covered as preventive, and Men's contraception is covered in full
Rehabilitation services Rehabilitation visits are a total of combined therapy visits per calendar year	Inpatient: 30 days per calendar year. Services with mental health diagnoses are covered with no limit. Deductible and coinsurance apply Outpatient: 45 visits per calendar year. Services with mental health diagnoses are covered with no limit. \$40 copay primary/\$80 copay specialty
Skilled nursing facility	Up to 60 days per calendar year, deductible and coinsurance apply
Sterilization (vasectomy, tubal ligation)	Covered in full
Temporomandibular Joint (TMJ) services	Inpatient: Deductible and coinsurance apply Outpatient: \$40 copay Deductible and coinsurance do not apply
Tobacco cessation counseling	Quit for Life Program - covered in full
Routine vision care (1 visit every 12 months)	\$40 copay, deductible and coinsurance waived
Optical hardware Lenses, including contact lenses and frames	Not covered
Virtual Care Including Telemedicine, Telephone Services and Online (E-Visits)	Covered in full