



“Whenever I have questions or need help,
I call GuidanceResources for confidential
information and assistance.”



ComPsych® GuidanceResources®
The single source for confidential
support, expert information and valuable
resources, when you need it the most.
Call: 844.837.9296

COMPSYCH®
GuidanceResources® Worldwide



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Confidential Counseling on Personal Issues

An Employee Assistance Program (EAP) is a confidential counseling service to help address the personal issues your workforce is facing. This service, staffed by experienced clinicians, is available by calling a toll-free phone line 24 hours a day, seven days a week. A GuidanceConsultantSM will refer employees to local counselors or to resources in the community. Call any time with concerns, including:

- › Relationships
- › Problems with your children
- › Substance abuse
- › Stress, anxiety or depression
- › Job pressures
- › Marital conflicts
- › Grief and loss
- › Empty-nesting

FinancialConnect®

Financial issues can arise at any time, from dealing with debt to saving for college. Our financial professionals are here to discuss concerns and provide the tools and information needed to address finances, including:

- › Getting out of debt
- › Retirement planning
- › Credit card or loan problems
- › Saving for college
- › Tax questions
- › Estate planning

LegalConnect®

When a legal issue arises, attorneys are available to provide confidential support with practical, understandable information and assistance. If representation is required, individuals can also be referred to a qualified local attorney for a free 30-minute consultation with a 25% reduction in customary legal fees thereafter. Call with legal concerns including:

- › Divorce and family law
- › Debt obligations
- › Landlord and tenant issues
- › Real estate transactions
- › Bankruptcy
- › Criminal actions
- › Civil lawsuits
- › Contracts

FamilySource®

New parents, caregivers for elders, parents sending a child off to college, individuals buying a car or doing home repairs are bound to have questions or need resource referrals. Work-life specialists can help sort out the issues and provide information based on the individual's specific criteria. Individuals receive a personalized reference package containing helpful resources and literature, covering areas such as:

- › Finding child or elder care
- › Planning for college
- › Relocating to a new city
- › Entertaining family and friends
- › Finding pet care
- › Purchasing a car
- › Home repair

GuidanceResources® Online

GuidanceResources® Online is the one stop for expert information to assist individuals with the issues that matter to them, from personal or family concerns to legal and financial concerns. Each time, individuals will receive personalized, relevant information based on their individual life needs, They can:

- › Review in-depth HelpSheetsSM on your topics
- › Get answers to specific questions
- › Search for services and referrals
- › Use helpful planning tools
- › Order pre-screened reference books

